

Name _____ Phone _____

Email _____

Address _____ City/Prov _____ Postal code _____

Emergency contact name (not present on the Ride) _____ Phone _____

niagara life centre
counselling



(Must be 25 years old on the day of ride)

Gender Male Female Birth year _____

Vehicle manufacturer _____

Your registration Driver \$ 20.00 Passenger \$ 10.00 NO FEE, if you raise \$ 100.00 or more

WAIVER

I hereby warrant that I have a valid operator's M licence, approved safety attire, and required insurance to participate in today's event. I understand and am aware that there are dangers and risks involved in taking part and riding in a group such as in the events the NLC organizes. These dangers and risks include damage, injury, serious injury and/or death. Knowing and appreciating fully these dangers and risks, I the undersigned, hereby waive, release and forever discharge the NLC, the proceeds recipient, the police, members of the organizing committee, sponsors, supporters, volunteers and all other associates with the event of and from all manner of actions, causes of action, suits, debts, claims and demands whatsoever arising from or in connection with the NLC and associated events. I assume full responsibility for injury or damage arising as a result of my participation in the NLC event and for my passengers. This waiver also includes a "model release" for photographs taken and audio/video recordings made while participating in the above activities.

Signed _____ Date _____

| PLEDGES | | Raise \$100 or more in pledges for NLC and registration is FREE | PLEASE PRINT | Amount |
|----------------------|-----------|---|--------------|--------|
| Donor name | | | | |
| Email | Phone | | | |
| Address | City/Prov | Postal code | | |
| Donor name | Phone | | | |
| Email | Phone | | | |
| Address | City/Prov | Postal code | | |
| Donor name | Phone | | | |
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| Donor name | Phone | | | |
| Email | Phone | | | |
| Address | City/Prov | Postal code | | |
| Total pledges above | | | | |
| Personal pledge | | | | |
| Registration fee | | | | |
| Total overall | | | | |

All pledges must be collected and submitted before the Ride begins. Receipts will be automatically issued for donations of \$20 or more, provided name and address are complete and legible. Make all cheques payable to "Niagara Life Centre." charitable registration #13872-4463.

NLC

Niagara Life Centre Counselling is a vibrant, visible Christian organization caring for families and individuals by offering help, hope & healing. We provide practical and compassionate care through low fee counselling, guidance and support for the emotional,

- | | | |
|------------|--------------------------|--------------------|
| Abuse | Depression | Relationships |
| Addictions | Grief and Loss | Spiritual needs |
| Anger | Marriage/family | Young and Pregnant |
| Anxiety | Post abortion trauma | |
| Children | Pregnancy/parent support | |

Help, Hope & Healing

A gentleman in his 50's was referred to NLC from the brain injury society. He was looking for ways to deal with the stress in his life as well as ways to cope with his short term memory loss. Offering this man a listening ear and helping him to distinguish between the things he has control over and the ones that are beyond his control, he was able to reduce the anxiety and stresses in his life. The centre was able to offer suggestions that he implemented in his life that allowed him to compensate for his short term memory loss. Instead of becoming anxious about what he had lost due to his injury, he is now in the habit of looking at what he can do and focusing on the here and now instead of his past.

Anxiety and stress come in so many shapes and forms and does not discriminate in age or gender.

Ride Information

Ride day:
Saturday June 13th, 2020

Ride day registration 9am-9:45
Niagara Life Centre
65 Lakeshore Rd.
St. Catharines

Kickstands up 10am SHARP

Ride ends 12.30 with a **BBQ** at

Niagara Life Centre
Awards 1pm

Registration

Register online or drop off/mail your registration form in.
Pledge forms can be downloaded from our website
www.niagaralifecentre.ca/events.

Please register online, call 905-934-0021
or e-mail melissa@niagaralifecentre.ca



WWW.NIAGARALIFECENTRE.CA

Official Partner



Diamond



Platinum



Gold



3rd Annual NLC Motorcycle Ride FOR HOPE

Sponsored By:
Sunshine Express Gardens

June 13th, 2020
Niagara Life Centre
65 Lakeshore Rd. St. Catharines

Register online:
www.niagaralifecentre.ca/events
niagara life centre
counselling

