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Emergency contact name (not present on the Ride)	16	
Gender □ Male □ Female Birth year (Must be 25 years old on	the day of ride) the day of ride) Hop HELP Hop HELP	
Vehicle manufacturer Your registration	□ NO FEE, if you raise \$ 100.00 or more	
Hereby warrant that I have a valid operator's M licence, approved safety attire, and required insurance to participate in today's event. I understand and am aware that there are dangers and risks involved in taking part and riding in a group such as in the events the NLC organizes. These dangers and risks include damage, injury, serious injury and/or death. Knowing and appreciating fully these dangers and risks. I the undersigned, hereby waive, release and forever discharge the NLC , the proceeds recipient, the police, members of the organizing committee, sponsors, supporters, volunteers and all other associates with the event of and from all manner of actions, causes of action, suits, debts, claims and demands whatsoever arising from or in connection with the NLC and associated events. I assume full responsibility for injury or damage arising as a result of my participation in the NLC event and for my passengers. This waiver also includes a "model release" for photographs taken and audio/video recordings made while participating in the above activities.	in today's event. I understand and am aware that there are nd risks include damage, injury, serious injury and/or death. The NLC , the proceeds recipient, the police, members of the tions, causes of action, suits, debts, claims and demands hage arising as a result of my participation in the NLC event as made while participating in the above activities.	ov _:
Signed Date		1
PLEDGES Raise \$100 or more in pledges for NLC and registration is FREE	PLEASE PRINT Amount	
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	Total pledges above	
All pledges must be collected and submitted before the Ride begins. Receipts will be automatically issued for donations of \$20 or more incovided name and address are complete and legible. Make all	Personal pledge	Ī
cheques payable to "Niagara Life Centre." charitable registration#13872-4463.	Registration fee	
	Total overall	

NLC

Niagara Life Centre Counselling is a vibrant, visible Christian organization caring for families and individuals by offering help, hope & healing. We provide practical and compassionate care through low fee counselling, guidance and support for the emotional, social, physical and spiritual needs.

Abuse Depression Relationships Addictions **Grief and Loss** Spiritual needs Marriage/family Young and Pregnant Anger Anxiety Post abortion trauma Children

Pregnancy/parent support

Help, Hope & Healing

A gentleman in his 50's was referred to NLC from the brain injury society. He was looking for ways to deal with the stress in his life as well as ways to cope with his short term memory loss. Offering this man a listening ear and helping him to distinguish between the things he has control over and the ones that are beyond his control, he was able to reduce the anxiety and stresses in his life. The centre was able to offer suggestions that he implemented in his life that allowed him to compensate for his short term memory loss. Instead of becoming anxious about what he had lost due to his injury, he is now in the habit of looking at what he can do and focusing on the here and now instead of his past.

Anxiety and stress come in so many shapes and forms and does not discriminate in age or gender.

Ride Information

Ride day: Saturday July 28th

Niagara Life Centre 65 Lakeshore Road, St. Catharines, ON

Ride day registration 9am-9:45 Breakfast (included) 9am-9:45 Kickstands up 10am SHARP

Ride ends 12pm

Clare's Harley-Davidson of Niagara 590 York Rd, Niagara On The Lake (Southern Smoke Food truck will be at the end location for you to purchase lunch)

Registration

Register online or at location. Pledge forms can be downloaded from our website www.niagaralifecentre.ca/events. We would love to know that you are coming, so we can plan a better event. Please register online or call 905-934-0021 / e-mail fabiola@niagaralifecentre.ca (or contact Larry Bundy motorcyclenut.bundy@gmail.com).



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